

THE MAIN POINT

A wise person is one who is great at handling sex and sexuality.

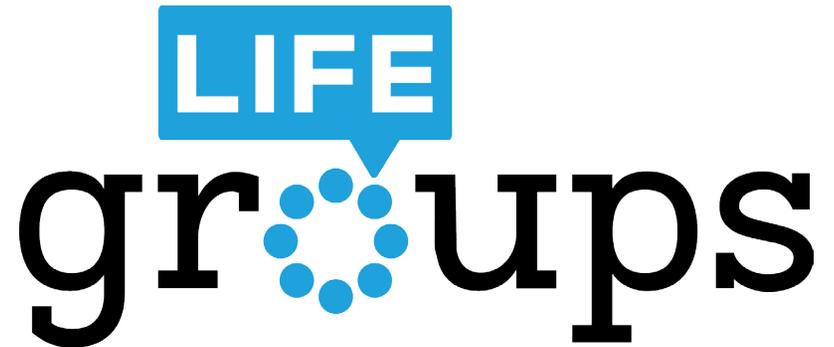
Resources:

Sex is designed, by God, to be an incredible experience for husband and wife. Unfortunately, sexual sin is also one of the most difficult things to recover from. If you find yourself in that place, counselling may be a helpful option for you. If so, please contact, in confidence, Pastor Brynden at 204-832-4119 or bryndendevenny@oasiscc.ca.

Suggested Bible reading for this week:

PROVERBS 25-31 :: With 31 chapters in the book of Proverbs, there is one for each day of the month. Continue to strengthen (or establish) your Bible reading habits by investing a few minutes into reading one proverbs each day.

NOTES + PRAYER REQUESTS:



Part 4: Commodity Exchange?

Begin by watching the "Info for the Group" portion of the DVD and then here are a few questions to get you going:

___ What was your high and low from the past week?

___ As we continue in our series Starting Over, here is a random question: What is the most recent book you've read? Would you recommend it?

PLEASE WATCH THE DVD'S "MAIN SESSION"

INTRODUCTION

As we continue in our series, we look for God's wisdom in different areas of life. This week, we hear from Nicky Lee of Alpha Marriage Ministries, then we discuss the importance of sexual purity in our lives.

DISCUSSION QUESTIONS

1. What do you remember about the "sex talk" with your mom or dad? Who do you think felt more uncomfortable, you or them?
2. As you consider how the topic of sex was handled in your home growing up, compared that to how it is handled in society today. How has the view of sex changed during that time?
3. The Bible and Christianity has often been seen as being prudish about sexuality. Do you agree or disagree? How does **Proverbs 5:15–19** influence, or change, your opinion?

Proverbs 11:16 says, "Beautiful women get wealth, and violent men get rich." This verse is saying that men use their power to get prestige, and women tend to depend on their looks to obtain significance.

Proverbs 11:22 says, "a woman who is beautiful but lacks discretion is like a gold ring in a pig's snout." This verse is a commentary on how men objectify, dehumanize and commodify women based on their looks.

4. Do you agree with the statements above? Have you used your appearance or power to gain significance? Have you objectified, or commodified, the opposite sex?

5. In a consumer-based relationship, we value the product over the person ("Am I getting what I want?") whereas in a commitment-based relationship, we place importance on the person ("I'm invested regardless of if my needs are being met"). On which end of the spectrum have you found yourself in current/past relationships? How can this impact sex and sexuality?
6. In **1 Corinthians 6**, the apostle Paul reminds us that sex is designed to be a joyful, incredible, experience within the covenant of marriage. Sometimes, however, sexual sins get in the way of that. In the past, how have things such as pornography, lust, or even abuse played into your view of sex?
7. Read **1 Corinthians 6:18–20**. Whether you are single or married, what do you think it looks like to honor God with our bodies? How does that thinking play a role when it comes to sex?
8. Do you need to begin to flee from sexual immorality? Whether in marriage or singleness, do you want to take steps toward a healthier view toward sex? If you are comfortable, share with the group some of the steps you can take this week to begin to achieve this freedom.

CHANGING YOUR MINDS

Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body. (**1 Corinthians 6:18–20**)

BE SURE TO PRAY TOGETHER AS A GROUP...

__ What are some things going on in your life that need prayer?